



MANNERING PARK PUBLIC SCHOOL NEWSLETTER

www.mannringpk-p.schools@det.nsw.edu.au
Term 3 Week 2. Tue 30 July, 2019

WHAT'S COMING UP

Thursday, 1 August 8-13 Yrs Athletics Carnival
19-30 Aug Intensive Swimming Scheme
Tues 20 Aug P&C Meeting
Thurs 29 August Zone Athletics Carnival

PRINCIPAL'S COMMENTS

Dear Parents/Carers,

Welcome back to Mannering Park Public School for what will no doubt be a challenging term for all students. I hope everybody had an enjoyable and relaxing break, enjoying the fantastic winter weather. Term 2 seemed to fly by however, on reflection it was a very successful term with students really achieving academically, in sport and the arts. As a teacher I always found Term 3 to be the term where our students really 'hit their straps' academically. Hopefully you have the opportunity to speak to your child's teacher and gain a better understanding of where your child sits against the curriculum. If you are unable to make it up for a 3-way interview, I recommend you make a time to ensure a strong school to home partnership.

SDD - Last Monday, while students were enjoying an extra day off, our staff returned and were involved in a wonderful day of professional learning. It was a great day of learning and collaboration between Gwandalan, Lake Munmorah and Mannering Park Primary Schools.

P & C Meetings

Our next monthly P & C meeting will be held on 20 August in our staffroom commencing at 6:30pm.

All community members are invited to attend and join this hardworking group. This is an opportunity to answer any enquires parents and caregivers have about the P&C and the school.

Athletics Carnival - The backup date for our 3 – 6 Athletics Carnival was this Thursday 1 August. We hope that the rain stays away and this event is able to go ahead. Unfortunately, even a small amount of rain can render the oval unsafe. We will endeavour to keep you updated through our Skoolbag app. Fingers crossed!

Kindergarten 2020 - Do you have a child who will be starting Kindergarten in 2020 or do you know someone with a child due to start school next year? If so please encourage them to drop into school and pick up an enrolment package. It is important that we are aware of all students who will be starting school in order to effectively transition students and plan for the year ahead. Please contact the school office for further information.

School Uniform - It is very important that students take pride in their school uniform as it establishes a sense of belonging and team spirit. I would encourage the students to start the term well by wearing the correct Mannering Park Public School uniform including maroon coloured pants. New purchases can be made from the school uniform shop on Tuesdays from 8:30 – 9am and Thursdays from 2:30 – 3pm. Remember to label all garments so that they can be returned if lost.

Attendance - Attending school every day makes learning easier for your child and helps children to build and maintain friendships with other children. Students are strongly encouraged to be on time for school and to attend school every day. Establishing a consistent

pattern of attendance is the right of every child and allows them to achieve to their capacity.

Arriving at school on time:

- * ensures that your child doesn't miss out on the important learning activities scheduled early in the day when they are most alert,
- * helps your child to learn the importance of punctuality and routine,
- * gives your child time to greet their friends before class and therefore,
- * reduces the opportunity for classroom disruption.

Lateness is recorded as a partial absence and must be explained to the school the same way as other forms of absence.

Leanne King
Relieving Principal

DATES TO REMEMBER

Term 3

Thu 01 August: MPSS Athletics Carnival 8-13 year olds VP Oval

Wed 14 Aug: Responsible Pets Program

Thu 15 Aug: Public Speaking Comp

Mon 19-Fri 30 Aug: Swimming Scheme Toukley Pool

Tue 20 Aug: P&C Meeting 6:30pm

Thurs 29 Aug: Zone Athletics carnival

Mon 16 Sept: Sydney North Athletics

Mon 16-19 Sept: Life Education

Wed 25 Sept: Assembly of Recognition

BOOK CLUB

Book club order forms went out last week, can you please have all orders back to the front office or ordered online on the LOOP system by Thursday, 8 August.
Thank you.

INTENSIVE SWIMMING SCHEME

We still have spots available for this great swimming scheme. It is open to Years 2 & 3 at the moment but will open to older students that are not competent swimmers later on this week. Please have notes and money paid to the front office by Friday, 9 August.
Please keep a look out on Skoolbag for when it is opened to the older students.

COUNSELLOR CORNER

Another term has passed and already your child is half way through the school year. The time passes so quickly and it is a good reminder not to put off starting those routines or engaging in planned activities as opportunity to spend time with our

children and to guide their development when they are young, only lasts for a small window of opportunity in their life. I continue to write about strategies to assist in developing resilience as provided by Beyond Blue as I see resilience being one of the qualities that promotes not only hope but a sense of self belief.

Create opportunities for personal challenge Continued – by Beyond Blue

Talk to Your Child About Self Talk

Primary school aged kids (6–12 year olds)- Talk with your child about self-talk and how you can shift the focus of self-talk in situations that aren't going so well. Help your child practice reframing their self-talk. For example, a child might interpret being left out of a group as, 'They don't like me. I'm not worth liking. I'm not a nice person'. You can help them to shift their thinking by reminding them of times they've played happily with others, so they have good memories to call on.

Help your child Deal with Difficult situations

Primary school aged kids (6–12 year olds)- Help your child develop strategies to deal with difficult situations and encourage them to come up with their own solution using discussions when needed

Explore the benefits of Community Based organisations

Explore the benefits of community based organisations that provide opportunities for healthy risk-taking and developmental growth through activities such as orienteering, camping, leadership, physical activity, volunteering, and the arts (e.g. drama, theatre groups, dance classes).

Encourage your student to Build Independence

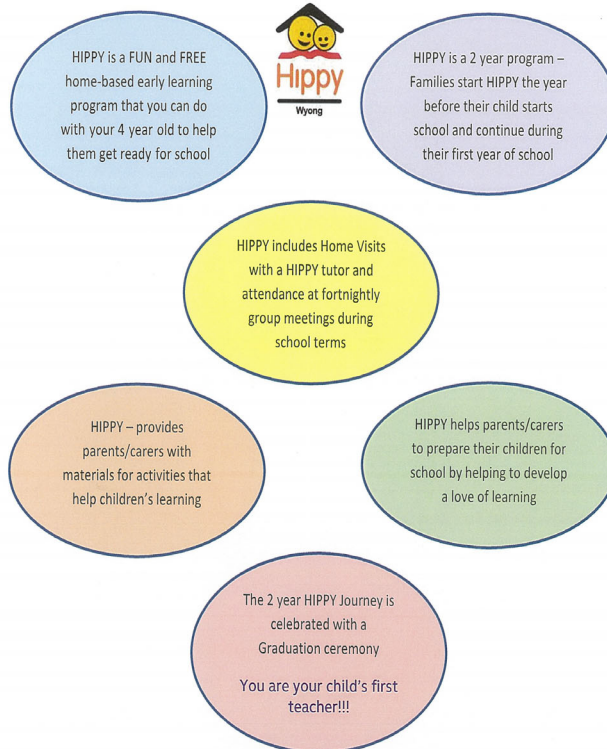
Pre-school aged kids (1–5 year olds)- Encourage your child to build their independence by gradually increasing the difficulty of things they can do at home. For example, young children can help you to prepare the evening meal by setting the table or by assisting with food preparation such as washing the lettuce, or buttering the bread. Slowly increase the difficulty of the tasks as their skills develop.

Primary school aged kids (6–12 year olds)- Encourage your child to take 'healthy risks'. For example, this might involve walking to or home from school, alone or with a sibling. You may start by driving or walking your child halfway to school and allowing them to walk the remainder of the distance alone, or with a sibling.



Do you have a child starting school in 2021?
Have you heard about the HIPPY Program?

HIPPY is the Home Interaction Program for Parents and Youngsters



HIPPY Wyong is currently seeking participants to start the Program in 2020

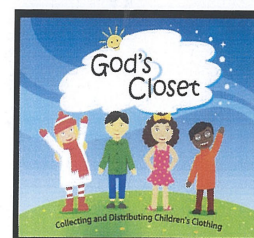
For more information and access guidelines - contact Laureen (HIPPY Coordinator)

0427 428 480 or email HIPPY@uniting.org

Uniting

The Brotherhood of St Laurence holds the licence to operate HIPPY in Australia.
The Home Interaction Program for Parents and Youngsters is funded by the Australian Government through the Department of Social Services

FREE CHILDREN'S CLOTHES



God's Closet is a non-profit organisation supporting carers of children. Sizes 0000 to 14.
Entry by gold coin donation, shop for free!!

Our next shop day is
4 August 2019
9 am – 12 md

We are just a short walk from
Wyee Train Station at:
Wyee SDA Church, 20 Gorokan Road
Wyee NSW 2259