



MANNERING PARK PUBLIC SCHOOL NEWSLETTER

www.mannringpk-p.schools@det.nsw.edu.au
Term 4 Week 6 Monday 18 November, 2019

WHAT'S COMING UP

Tues 19 Nov Planetarium Incursion

Fri 22 Mufti Day - gold coin donation

PRINCIPALS REPORT

Dear Parents/Carers,

2020 – The Department of Education is committed to ensuring every student is known, valued and cared for in our schools. We were pleased to hear that our school has been honoured to be able to support this initiative with the addition of a support class opening on day 1, 2020. Mannering Park Public School will continue to ensure all students are supported as we develop our classes for next year.

2020 will see us going back into holding patterns for 2 weeks or so until numbers stabilise before we establish the new 2020 classes.

Teachers are aware of student's friendship groups and will take this into consideration when forming these classes. If you feel that there is any additional information regarding the placement of your child into a class for next year, please contact their classroom teacher to discuss. Unfortunately, requests for a particular teacher cannot be fulfilled due to student teacher numbers.

If you are moving from the area, please let the Office know as soon as you are able so we have a greater understanding of numbers heading into 2020.

We are greatly disappointed at the fluctuating and declining numbers over the past few years and the impact that this is having on our school. This drop in numbers impacts greatly on our staffing and this will mean that we will lose not only teachers, including executive staff but office staff as well as SLSO's (Student Learning Support Officers).

As stated above, currently numbers are looking lower for 2020 and we have been reclassified from a P2 Level school down to a P1 Level school as of 2020.

As you are aware, we have funded the 10th class for 2019. At this stage we are looking at having 8 mainstream classes for 2020.

I look forward to announcing the new Principal for Mannering Park Public School in the coming weeks. I thank you all for your understanding during this time.

Bushfires - It is a really good idea if all parents can download the RFS **Fires Near Me** app on your phones and set the notification alert for a 5km radius around the school address. This will alert you of any immediate danger. We also have this downloaded to our phones as well. We wish the affected communities all the best and hope they remain safe during these challenging times. This is a good opportunity for parents/carers to discuss home evacuation procedures in case of bush fires this coming season. For more information click on link which shows you [7 things you need to teach your children about fire safety](#)

New Enrolment Procedures - As advertised in a previous newsletter, I put in some information around the new enrolment procedures. I have since had a meeting with The Director of Educational Leadership (DEL), Ms Sharon McFarlane and she has notified me of our ceiling or cap for enrolments. The Department's formula for the capped number of students that we are allowed for our school is based on permanent buildings which have been built to cater for the housing around our area. Therefore, our numbers of students has been capped at 323 In Zone students.

Asthma Alert Days - Parents are reminded that during this period of lingering bushfire smoke many of our students who suffer from asthma struggle during physical education lessons or just in normal play. Please send them to school with their asthma puffers or, if they have a serious medical condition consider whether having them running around outside would be detrimental. As a school we are very conscience of those students who have an Asthma Management Plan and will find alternate things for them to do to avoid outside exertion or exposure.

Uniforms - Please remind your child to wear their hat to school each day. The sun can do a lot of damage on young skin and we all need to teach our students the importance of sun safety on a daily basis. We have worked hard at ensuring students are wearing their school uniform every day, with a huge improvement shown in this area. Unfortunately, of late there have been a number of students wearing items that are not part of our school uniform, including shoes. Your support in instilling pride in our school by wearing school uniform is appreciated.

Thank you! - I'd like to acknowledge our hard-working P&C and recognise the time and commitment given to the school and students by the leadership team, committee members, paid employees and members. Thank you to all of the parents for supporting the many events at the school, both P&C and school run events. Jo from the canteen finished in the canteen on Friday. We thank Jo for her dedication and hard work during her time at the school. We welcome Lisa Brown to the canteen for the remainder of 2019 with the Canteen Supervisor role to be advertised in the near future.

Leanne King
Relieving Principal

DATES TO REMEMBER

Term 4

Tue 19 Nov: Planetarium incursion

Fri 22 Nov: Mufti Day. See further info below

Tue 3 Dec: LMHS Orientation day

Wed 4 Dec: P&C Christmas lunch

Mon 16 Dec: Assembly of Recognition

: Year 6 Farewell

: Reports home

Tue 17 Dec: 3-6 Poolside Picnic

Tue 17 Dec: K-2 Christmas Celebration Day & Assembly

Wed 18 Dec: Last day for students 2019

Term 1 2020

Tues 28 Jan: Staff Return

Wed 29 Jan: Students in Years 1-6 return

Mon 3 Feb: Kindy start

MUFTI DAY

Mufti Day Friday 22nd November for NF2

In our school community we have a family that are dealing with Type 2 Neurofibromatosis (NF2). This is a genetic condition that causes tumours to grow along your nerves. There's currently no cure for NF2.

Treatment involves regular monitoring and treating any problems as they occur.

The staff at Mannering Park would like to help and show our support for this family by holding a Mufti Day on Friday the 22nd of November. All children are invited to wear Mufti clothes on this day and bring in a gold coin donation. Please note closed in shoes must be worn as well as t-shirts that cover the shoulders, no thongs, singlet tops or midriff tops please.

All money raised on this day will go directly to the family.

We thank you if you are able to give a donation on this day.

Sincerely,

Staff of Mannering Park P.S

COUNSELLOR'S CORNER

I thought we would talk about supporting healthy habits, through healthy eating. Hmmmm, this is a tricky topic for our household....well at least for me, because I often feel lazy and don't feel like cooking or decide to buy sweet foods as a treat for everyone. I know how important it is to fuel our bodies with healthy food and not buying takeaway is actually not as hard as you may at first think. Yes, it can be tricky finding something everyone in the household eats, especially with finicky eaters, but hopefully some of the tips below are helpful.

Supporting Healthy Habits - from the BeyondBlue, Health families web site.

Healthy Eating

Ensure there's a range of food available at home.

Include a variety of healthy foods such as plenty of vegetables, fruit and cereals (like bread, rice and pasta), some lean protein (meat, chicken, fish or tofu) dairy products (milk, yoghurt, cheese) and lots of water. It's a

good idea to avoid fatty foods and foods with lots of sugar in them.

Get children and young people involved in cooking family meals and making their own lunches. There are countless kid-friendly recipes online – give them a go!

By choosing and eating healthy food as a family from the time kids are very young, you help them learn about making healthy food choices. This lays the groundwork for when they're older and eating out, or eating away from home – without you there telling them to lay off the chips and chocolate.

Cook when you have time and energy and freeze bulk portions.

These are just a few simple tips that just may help to get you on the right path to supporting healthy habits.

Now off to have some chocolate.....no wait, changing my mindset, I'm off to have a mango and berries....Ahhh now that's better !

TABLE FOR FREE

If you would like to take this coffee table, please contact the office. Must be collected ASAP.

Thank you



Books BAS & Tax

Kate Sinclair 0418 612 806

- Registered BAS Agent
- Accounts Receivable & Payable
- Payroll & Superannuation
- Bank Reconciliations
- BAS preparation & lodgement
- Financial Reports / Compliance
- Business Training
- On site or off site
- Reasonable rates - Fully Insured
- MYOB QUICKBOOKS EXCEL

Respectful relationships

Responsible learners.



Mannering Park Public School



Christmas Raffle 2019

Dear parents, families and carers,
The P&C are organising our Christmas Raffle fundraiser for 2019.

Donating items for the Christmas Raffle

Please help us by donating items to be used as part of our raffle prizes.

Suggestions include:

- Chocolates, biscuits, books, toys
- Christmas decorations, ornaments
- Gift bags, wrapping.

Christmas Raffle Prize items:

- Please leave your Christmas Raffle Prize donations at the office by **Friday 29 November 2019**

Raffle Tickets: \$1 each

- Raffle tickets will be handed out for selling.
- Please return sold tickets & money to the office.
- Please also return unsold tickets.



Christmas Raffle Draw: **Wednesday 4 December 2019**
(At the Christmas Lunch)

Thank you

Calling for volunteers – we need your help!



Our students really enjoy participating in the Commonwealth Bank School Banking program and to keep this program running we need your help.

Our current volunteers will be finishing at the end of the year, we would like to have new volunteers in place for 2020.

The program requires a volunteer School Banking Co-ordinator to facilitate the banking and distribution of School Banking rewards. This only takes a small amount of your time one day a week and the Commonwealth Bank will provide support in how to run the program. Your help with the program will greatly benefit students as they develop vital saving skills and also help our school with fundraising.

Currently, School Banking day is Tuesday.

If you are interested in volunteering for this great program, please fill in the tear off section below and return it to the office.

Yes, I would like to help with School Banking!

Name: _____

Phone: _____

Email: _____

Availability: _____

Cyber Education Workshops

FREE EVENT

FOR ALL PARENTS AND CARERS OF CHILDREN

SESSION 1:

November 20 – 7pm

Northlakes High School
Brava Avenue, San Remo

SESSION 2:

November 21 – 7pm

Tuggerah Lakes Secondary College
5-25 Berkeley Road, Glenning Valley

Presenters from The NSW Police Force Youth & Crime Prevention Command and the Office of E-Safety Commissioner will speak in relation to Cyber Crime, cyber bullying, sexting, scams.

Providing practical advice to help parents protect their children, learn ways to navigate today's technology and provide advice on where to report issues if encountered.

FOR MORE INFORMATION CONTACT

Senior constable Kim Smith Tuggerah Lakes School Liaison Officer
smit1kim@police.nsw.gov.au

Mark Chapman Deputy Principal, TLSC Berkeley Vale Campus

Michelle Whitehead Community Liaison Officer Northlakes high school
michelle.n.whitehead@det.nsw.edu.au



8 Healthy Habits

Information is relevant for children aged 2 years and older

